

Patient preparation for Renal Biopsy

A renal biopsy involves obtaining a small piece of kidney tissue for examination. Refer to our separate document for further detail on the procedure.

Please follow the steps below before coming to your biopsy appointment at Mercy Radiology:

1. Do not take Voltaren (or any other anti-inflammatory drugs), Aspirin or Dispirin for 10 days prior to your appointment, as they can affect blood clotting.
2. You will need to get your blood clotting checked 3-5 days prior to your appointment. Please make an appointment at your nearest Diagnostic Medlab (Note: Labtests do not perform blood clotting).
3. Please let us know if you are on Warfarin, as we will need to make special arrangements for you.
4. Please let us know if you have a faulty or artificial heart valve, as we will need to give extra antibiotics during the procedure.
5. Continue to take all prescribed medication as usual (except Voltaren or any other anti-inflammatory drugs, Aspirin and Dispirin as mentioned above) and bring a list of any medications you are currently taking to your appointment.
6. Please let us know, prior to your appointment, if you are a diabetic.
7. Do not eat or drink for 4 hours prior to your appointment.
8. You should allow at least 3–4 hours for this appointment. The biopsy takes approximately half an hour, after which you will be transferred to the Mercy Day Stay unit where you will remain under observation for approximately 2–3 hours.
- 9. Please make sure you arrive at least 30 minutes before your scheduled appointment time.**
- 10. You cannot drive home following your biopsy – you will need someone to pick you up after your appointment.**
11. For the first 12 hours after the biopsy, you should sit or lie down as much as possible, but can move around to go to the toilet and to eat etc.
12. Please avoid strenuous physical exercise for 48 hours following the procedure.

If you have any questions regarding your biopsy appointment, please do not hesitate to call us on 09 630 3324. We look forward to seeing you.

Mercy Radiology