



## Patient preparation for Mammogram

Mammography is an x-ray examination of the breasts which helps discover changes in breast tissue. It is the best method for the early detection of breast cancer.

Please follow these simple steps before coming to your Mammogram appointment at Mercy Radiology:

1. Wear casual, comfortable two-piece clothing where possible.
2. Please do not wear talcum powder under your arms or on your breasts on the day of the examination, as it can show up on the x-rays.
3. You should allow at least half an hour for this procedure.
4. For most patients a mammogram is sufficient, but ultrasound may be required to examine particularly dense breast tissue or lump. This can add an extra 15 minutes to the procedure.
- 5. Please bring your referral form from your doctor or referrer.**
- 6. Please make sure you arrive at least 10 minutes before your scheduled appointment time.**

If you have any questions regarding your mammogram appointment, please do not hesitate to call us on 09 630 3324. We look forward to seeing you.

Mercy Radiology

***Note: If you have had a previous examination relating to this examination at another provider, you will need to bring these images with you. (If the related imaging was performed at a public hospital, you can advise us when you arrive for your appointment).***